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DSIJ Private Limited



For Customer Service

☎ 020-66663803 OR ✉ service@dsij.in

Mumbai Office

419-A, 4th Floor, Arun Chambers, Tardeo,
Next to AC Market, Mumbai - 400034

Pune Office

Office No. 409, 4th Floor, Solitaire Business Hub,
Kalyani Nagar, Pune - 411006

☎ 020-66663-800 / 801

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Publisher: Nitin Sawant
Editor: Rajesh V. Padode

On behalf of: DSIJ Pvt. Ltd. for Achievements Merchandise Pvt. Ltd.

Printer: Sarfaraz Ilyaz Qureshi

Printed at: Printrade Issues (India) Pvt. Ltd., Plot No. EL-179, TTC Industrial Area, Electronic Zone, Near Mahape Telephone Exchange, Mahape, Navi Mumbai - 400710

Published from: 419-A, 4th Floor, Arun Chambers, Next to Air-Conditioned Market, Tardeo, Mumbai - 400034

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VIX on the Rise: What It Means for Investors

Hello, can you please explain what the VIX is and what it says? Is the current Nifty VIX level of 10-11 considered good?

- Abhinav K.

Editor Responds: Thank you for your question. The VIX, or Volatility Index, measures the expected volatility of the Nifty 50 over the next 30 days. Often referred to as the 'fear gauge,' it reflects investor sentiment and market uncertainty. A higher VIX indicates greater expected volatility, typically signalling caution or fear in the market, while a lower VIX suggests stability and confidence among investors. Currently, the Nifty VIX is around 10-11, which is considered quite low historically. It has fallen around 25 per cent year-to-date, reflecting easing market volatility and improving investor sentiment. While a low VIX can be reassuring for risk-averse investors, it can also suggest complacency, meaning that any unexpected news or shock could trigger sharper market movements. With global concerns such as H-1B visa uncertainties, the U.S. announcing 100 per cent tariffs on pharmaceutical imports, and other geopolitical and economic factors, the index has already shown a notable surge. It has climbed 5-6 per cent over the last five trading sessions. Investors are advised to stay updated on relevant news to make informed investment decisions.

Recommendations

Company/Scheme	Reco.	Price (₹)	Column	Page No
Ethos	● Buy	2,551.65	Kerbside	51
Hindustan Aeronautics	● Buy	4,741.35	Kerbside	51
Hindustan Petroleum Corporation	● Buy	441.85	Kerbside	51
KRN Heat Exchanger & Refrige.	● Sell	830.8	QueryBoard	50
L&T Finance	● Buy	244.85	Technicals	18
Lumax Auto Technologies	● Buy	1,322.25	Choice Scrip	10
Manappuram Finance	● Hold	282.45	Analysis	20
MIC Electronics	● Buy	57.01	Hot Chips	14
Redington	● Buy	291.85	Hot Chips	14
Restaurant Brands Asia	● Sell	79.07	QueryBoard	50
State Bank of India	● Buy	870.5	Technicals	18
Ujjivan Small Finance Bank	● Buy	46.12	Kerbside	51
Vascon Engineers	● Buy	69.42	Low Priced Scrip	12

BP - Book Profit • BPP - Book Partial Profits • BL - Book Loss

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