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VIX on the Rise: What It Means for Investors

Hello, can you please explain what the VIX is and what it says? Is the current Nifty VIX level of 10-11 considered good?

- Abhinav K.

Editor Responds: *Thank you for your question. The VIX, or Volatility Index, measures the expected volatility of the Nifty 50 over the next 30 days. Often referred to as the 'fear gauge,' it reflects investor sentiment and market uncertainty. A higher VIX indicates greater expected volatility, typically signalling caution or fear in the market, while a lower VIX suggests stability and confidence among investors. Currently, the Nifty VIX is around 10-11, which is considered quite low historically. It has fallen around 25 per cent year-to-date, reflecting easing market volatility and improving investor sentiment. While a low VIX can be reassuring for risk-averse investors, it can also suggest complacency, meaning that any unexpected news or shock could trigger sharper market movements. With global concerns such as H-1B visa uncertainties, the U.S. announcing 100 per cent tariffs on pharmaceutical imports, and other geopolitical and economic factors, the index has already shown a notable surge. It has climbed 5-6 per cent over the last five trading sessions. Investors are advised to stay updated on relevant news to make informed investment decisions.*

Recommendations

Company/Scheme	Reco.	Price (₹)	Column	Page No
Ethos	Buy	2,551.65	Kerbside	51
Hindustan Aeronautics	Buy	4,741.35	Kerbside	51
Hindustan Petroleum Corporation	Buy	441.85	Kerbside	51
KRN Heat Exchanger & Refrige.	Sell	830.8	QueryBoard	50
L&T Finance	Buy	244.85	Technicals	18
Lumax Auto Technologies	Buy	1,322.25	Choice Scrip	10
Manappuram Finance	Hold	282.45	Analysis	20
MIC Electronics	Buy	57.01	Hot Chips	14
Redington	Buy	291.85	Hot Chips	14
Restaurant Brands Asia	Sell	79.07	QueryBoard	50
State Bank of India	Buy	870.5	Technicals	18
Ujjivan Small Finance Bank	Buy	46.12	Kerbside	51
Vascon Engineers	Buy	69.42	Low Priced Scrip	12

BP - Book Profit • **BPP** - Book Partial Profits • **BL** - Book Loss